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**Club**

**Championships**

**2019**

**Squad Swimmers Entry Form**

Club Champs will again be swum jointly the other island swimming clubs in 2019.

**Heats will be joint but results will be for the individual clubs.**

Entries are £2.50 per event.

**Please complete your entry form below. If you are unsure of your P.B. time we can use the latest we have on record. Enter an X against the events you want to enter.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name:** | | | | |
| **Date of Birth:** | | **Sex: Male / Female** | | |
| **Date** | **Event** | | **‘X’** | **P.B. Time** |
| Saturday 23rd November – Medina – 5.30pm | 50 Back | |  |  |
| Saturday 23rd November – Medina – 5.30pm | 100 Free | |  |  |
| Saturday 23rd November – Medina – 5.30pm | 200 IM | |  |  |
| Saturday 23rd November – Medina – 5.30pm | 50 Breast | |  |  |
| Saturday 23rd November – Medina – 5.30pm | 100 Fly | |  |  |
| Sunday 24th November – Medina – 5.30pm | 50 Free | |  |  |
| Sunday 24th November – Medina – 5.30pm | 100 Back | |  |  |
| Sunday 24th November – Medina – 5.30pm | 200 Free | |  |  |
| Sunday 24th November – Medina – 5.30pm | 50 Fly | |  |  |
| Sunday 24th November – Medina – 5.30pm | 100 Breast | |  |  |
| Saturday 30th November – Medina – 5.30pm | 200 Back | |  |  |
| Saturday 30th November – Medina – 5.30pm | 100 IM | |  |  |
| Saturday 30th November – Medina – 5.30pm | 200 Fly | |  |  |
| Sunday 1st December – Medina- 5.30pm | 400 IM | |  |  |
| Sunday 1st December – Medina- 5.30pm | 400 F/C | |  |  |
| Friday 6th December – Medina – 7pm | 1500 Free | |  |  |
| Saturday 7th December – Medina – 5.30pm | 200 Br/s | |  |  |
| Saturday 7th December – Medina – 5.30pm | 800 Free | |  |  |
|  | Total Events Entered | |  |  |

**Closing date for entries Friday 15th November at the latest**

**Please e-mail entry forms to** [**coaches@seaclosesc.co.uk**](mailto:coaches@seaclosesc.co.uk) **or give them to your coach.**

Please pay by bank transfer with the reference SSCChamps.   
Account number: 30792284 Sort Code: 20-60-55

**Age Groups**

This year the age groups will be changing to be the same for all events and not be different for the longer distance events. Age as as at 31st December 2019

Age groups are:

* 8 years
* 9 years
* 10 years
* 11-12 years
* 13-14 years
* 15-16 years
* 17-18 years
* 19 years and over

Medals will be awarded for the top 3 swimmers in each age group and a trophy for the highest points in all age groups 8 years and above.

All events 200m and over may be swum in mixed heats depending numbers.