Isle of Wight Swimming

Championships 2019

To be held under A.S.A laws & A.S.A. Technical rules.
Organised by Seaclose Swimming Club (Affiliated to the S.E.R.A.S.A)

**At Medina Leisure Centre, Isle of Wight**.

|  |  |  |
| --- | --- | --- |
| Saturday 20th July   |  | Sunday 21st July  |
| 100m Backstroke |  | 100m Freestyle |
| 200m Individual Medley |  | 200m Freestyle |
| 100m Breaststroke |  | 100m Butterfly |
| Doors Open 5.15pm, warm up 5.30pm, gala starts 6.00pm both daysA small fee is charged for spectators on the night. |

Age Groups (Ages at 31st December 2019)

|  |  |  |
| --- | --- | --- |
| Group A | 10 Yrs | Born 2009 |
| Group B | 11 /12 Yrs | Born 2007 / 2008 |
| Group C  | 13 /14 Yrs | Born 2005 / 2006 |
| Group D  | 15 / 16 Yrs | Born 2003 / 2004 |
| Group E  | 17 / 18 Yrs | Born 2001 / 2002 |
| Group F  | 19+ Yrs | Born 2000 or Earlier |

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Entry Form

|  |  |
| --- | --- |
| **Name:** |  |
| **Club:** |  |
| **Date of Birth:** |  |
| **Male / Female:** |  |

Entry Fee £3.00 Per Event

|  |  |  |
| --- | --- | --- |
| Event | Enter | Entry Time\* |
| Saturday 20th July  |  |  |
| 100 Metre Backstroke |  |  |
| 200 Metre Individual Medley |  |  |
| 100 Metre Breaststroke |  |  |
|  |  |  |
| Sunday 21st July  |  |  |
| 100 Metre Freestyle |  |  |
| 200 Metre Freestyle |  |  |
| 100 Metre Butterfly |  |  |
| Total Cost |  |  @ £3.00 =  |

Please complete entry forms before Sunday 14th July and return to your coach.
Please pay by bank transfer with the reference IW Champs.
Account number: 30792284 Sort Code: 20-60-55

\*If you know your P.B. time please enter above, if not leave the entry time blank and we will use the P.B. we have on record.