

Isle of Wight Sprints

ASA License Number tbc

The Isle of Wight Sprints, held under ASA Laws and Technical Rules, organised by Seaclose Swimming Club and hosted at Medina Leisure Centre, will be held on Saturday 19th November and Sunday 20th November 2016. The competition will commence on both days at 6:00pm. The doors for the event will open at 5:30pm ready for a 5.45pm warm up. The entry form is set out below. Entry is £3.50 per event.

Forms should be completed and given to your coach to complete the entry times.

All heats will be processed on submitted entry times and cannot be changed after the closing date.

Ages are at 31st December 2016, and the age groups will be:

9 Yrs	Born 2007
10 Yrs	Born 2006
11 / 12 Yrs	Born 2005 / 04
13 / 14 Yrs	Born 2003 / 02
15 / 16 Yrs	Born 2001 / 2000
17 / 18 Yrs	Born 1999 / 98
19 Yrs and over	Born 1997 or earlier

Isle of Wight 50m Sprints Entry Form

Name:			
Sex: Male / Female			
Date of Birth:			
Club: Seaclose SC			
Date	Event	'X' to Enter	Entry Time
Sat 19 th November	50m Backstroke		
Sat 19 th November	25m Freestyle (born 2007 only)	(Girls only)	
Sat 19 th November	100m I.M.	(Girls only)	
Sat 19 th November	50m Breaststroke		
Sun 20 th November	50m Freestyle		
Sun 20 th November	25m Freestyle (born 2007 only)	(Boys Only)	
Sun 20 th November	100m I.M.	(Boys Only)	
Sun 20 th November	50m Butterfly		

Closing Date for Entries is Sunday 13th November 2016

Please enclose payment by cheque with entry forms or pay direct into the club bank account – Account number 30792284, sort code 20-60-55

If you pay into the bank please include 'iwsprints' in the reference