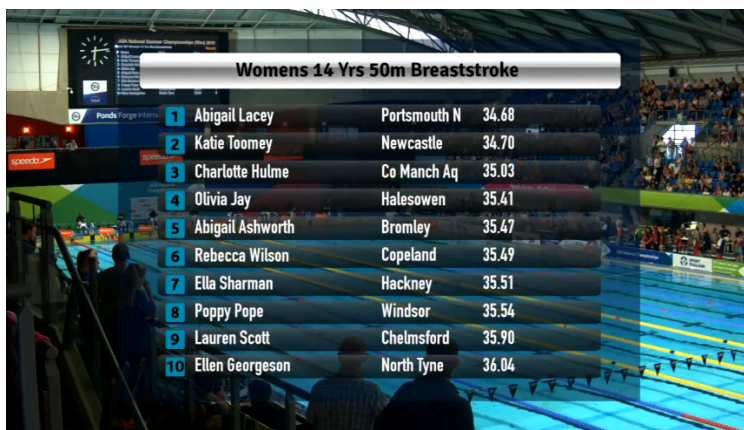


Nationals Success for Abi



Womens 14 Yrs 50m Breaststroke			
1	Abigail Lacey	Portsmouth N	34.68
2	Katie Toomey	Newcastle	34.70
3	Charlotte Hulme	Co Manch Aq	35.03
4	Olivia Jay	Halesowen	35.41
5	Abigail Ashworth	Bromley	35.47
6	Rebecca Wilson	Copeland	35.49
7	Ella Sharman	Hackney	35.51
8	Poppy Pope	Windsor	35.54
9	Lauren Scott	Chelmsford	35.90
10	Ellen Georgeson	North Tyne	36.04



A long hard season has culminated in Success for Abigail Lacey in the 14 yrs 50m Breaststroke event at the ASA Nationals at Ponds Forge, Sheffield.

Swimming for her second club, Portsmouth Northsea, the Seaclose Swimming Club member produced a personal best time of 34.98 sec in the morning heat and followed this up with another personal best in the evening finals with a time of 34.68 sec to take Gold and give her a first National title.

Abi has been swimming at Seaclose Swimming Club since she was 8 years old and acknowledges the support the coaches have given her and to also thank the IW council for the talented athlete sponsorship which has enabled Abi to attend additional training at Portsmouth Northsea over the last 18 months.

The National Championships saw a number of Isle of Wight swimmers attending with Lottie James swimming for Bournemouth Collegiate, Grace Poynter for Plymouth Leander, Megan

King for Seaclose, Chloe Plater for City of Southampton and Eric Tasca for West Wight Swimming Club. Both Lottie and Grace made the finals of their events with Lottie taking Silver in the 100m 15 yrs breaststroke, which can only bode well for the Island Games in 2017.
