

Session 1 Sunday 8th May 2016 Warm Up 8.00am Start Time TBC

1	Girls	50m	Backstroke
2	Boys	50m	Butterfly
3	Girls	100m	Breaststroke
4	Boys	100m	Backstroke
5	Girls	100m	Freestyle

Session 2 Sunday 8th May 2016 Warm Up TBC Start Time TBC

6	Boys	50m	Breaststroke
7	Girls	50m	Butterfly
8	Boys	50m	Freestyle
9	Girls	100m	Backstroke
10	Boys	100m	Butterfly

Session 3 Sunday 8th May 2016 Warm Up TBC Start Time TBC

11	Girls	50m	Breaststroke
12	Boys	50m	Backstroke
13	Girls	50m	Freestyle
14	Boys	100m	Breaststroke
15	Girls	100m	Butterfly
16	Boys	100m	Freestyle