

Isle of Wight Swimming Championships 2016

To be held under A.S.A laws & A.S.A. Technical rules.
Organised by Seaclose Swimming Club (Affiliated to the S.E.R.A.S.A)
At Medina Leisure Centre, Isle of Wight.

Saturday 23 rd April
100m Backstroke
200m Individual Medley
100m Breaststroke

Sunday 24 th April
100m Freestyle
200m Freestyle
100m Butterfly

Doors Open 5.15pm, warm up 5.30pm, gala starts 6.00pm both days
A small fee is charged for spectators on the night.

Age Groups (Ages at 31st December 2016)

Group A	10 Yrs	Born 2006
Group B	11 /12 Yrs	Born 2004/2005
Group C	13 /14 Yrs	Born 2002/2003
Group D	15 / 16 Yrs	Born 2000/2001
Group E	17 / 18 Yrs	Born 1998/99
Group F	19+ Yrs	Born 1997 or Earlier



Entry Form

Name: _____
Club: _____
Date of Birth: _____
Male / Female: _____

Entry Fee £3.00 Per Event

Event	Enter	Entry Time*
Saturday 23 rd April		
100 Metre Backstroke		
200 Metre Individual Medley		
100 Metre Breaststroke		
Sunday 24 th April		
100 Metre Freestyle		
200 Metre Freestyle		
100 Metre Butterfly		
Total Cost		@ £3.00 =

Please complete entry forms before Sunday 17th April and return to your coach.
 PAYMENT TO BE GIVEN WITH ENTRIES OR MADE BY BANK TRANSFER.
 Please use the reference 'IW Champs' if paying by bank transfer

*If you know your P.B. time please enter above, if not leave the entry time blank
 and we will use the P.B. we have on record.