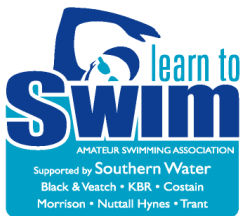




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Seaclose Swimming Club

Swimmers Code of Conduct and Behaviour

The following, is intended as a guide to the Club's attitude towards training and learning commitment and the standard of behaviour it expects from swimmers who wish to learn and train with, also represent Seaclose Swimming Club and the Isle of Wight Swim Team.

In addition to this code of conduct swimmers are expected to adhere to the ASA's Code of Ethics which can be found here:

<http://www.swimming.org/asa/clubs-and-members/code-of-ethics/>

Commitment

Learning/Training

- 1) Swimmers must make every effort to attend all pool and land training sessions allocated to them. Failure to do so will inevitably result in the swimmer being unable to carry out the training/teaching schedules set for them without disruption to other swimmers in their lane/group. In these circumstances, the teacher/coach may place a swimmer in a lower group/squad.
- 2) Where in the opinion of the Teacher/Coach a consistent lack of commitment is shown by the swimmer, he/she will not be recommended by the teacher/coach for selection for the Seaclose S.C. or the Isle of Wight Swim Team, for a period of up to two weeks.
- 3) Where the teacher/coach considers a longer period of 'suspension' greater than two weeks, the matter shall be referred to Seaclose S.C. committee.
- 4) Warm – up is an important part of the training schedule, late arrivals and 'hanging around' on the poolside and changing rooms disrupts the training session and reduces the time available to achieve session targets; swimmers are therefore expected to be on time and commence warm-up at the session start.
- 5) In order that everyone gains the maximum benefit from each session any swimmer that directly or in-directly affects the progress of others in their group/lane will be treated as behaving detrimentally to those swimmers and appropriate action will be taken. In instances of detrimental behaviour that are to be discouraged are, such as excessive unnecessary visits to the toilets, standing up in the lanes, sitting out, pulling on lane ropes and causing annoyance to others.
- 6) All swimmers are expected to comply with instructions they receive from teachers/coaches. Failure to listen, miss out tumble turns, forgetting to look at pace clock and not knowing repeat times etc., (when in training) will not only restrict a swimmer's progress but will ultimately lead to unnecessary friction/tension between the coach and swimmer.
- 7) No swimmer will leave the pool or poolside without first informing the coach.
- 8) Where a swimmer persistently disregards the above, they may be asked to leave a teaching/training session by the teacher/coach.

Changing Rooms and Poolside Behaviour

- 1) The public as well as Seaclose Swimming Club use the centres changing rooms and should be treated as such. All swimmers should ensure that valuables and clothing are locked away, this will reduce petty theft and its consequent upsets.
- 2) The showers are not to be used selfishly, it takes only a few minutes to wash hair and to rinse chlorine off; remember that someone is waiting to take you home after the session.



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- 3) 'Horseplay' in the changing rooms and on poolside is VERY DANGEROUS and will not be tolerated. Where individuals are found misbehaving, they will be in the first instance WARNED, their parents notified that their behaviour is unacceptable and what the consequences will be if repeated. Further instances will result in the offender/s being asked not to attend teaching/training sessions for a period up to two weeks during which time they will not be recommended for selection for Seaclose Swimming Club and the Isle of Wight Swim Team. Where the behaviour is considered to warrant a greater level of suspension, the details will be referred to the club's committee for a ruling.
- 4) Ensure at all times that you treat all swimmers, volunteers and officials whether a member of Seaclose SC or another club with respect.

Gala Conduct

- 1) Where swimmers are representing Seaclose Swimming Club and The Isle of Wight Swim Team in competition on the island or mainland swimmers will be expected to conduct themselves in the manner generally laid down in the Isle of Wight Swim Team Code of Conduct and should wear Isle of Wight Swim Team uniform. At all times swimmers will be expected to behave in such a manner so as not to bring the name of Seaclose Swimming Club into disrepute.
- 2) Seaclose Swimming Club will without exceptional reasons automatically endorse any action taken by the Isle of Wight Swim Team relating to discipline.

Right of Appeal

Where a swimmer considers they have been unjustly disciplined they may lodge a written request for the committee to review the circumstances at the next ordinary Committee meeting